

I am committed

to inspiring you to see new choices
for the issues that trouble you. I believe
that each of us deserve to enjoy
ourselves, our lives, & the people in our
lives. Each person has value. Every
aspect of our lives can be a blessing.
Difficult and painful personal situations
offer a tremendous opportunity for

*growth &
change.*



*Let me help you
find a new way to look at
your life, & refresh your
perspective.
You deserve to find happiness
and get some fun out of life.*

*Every aspect of our lives can be a
blessing.*

Creative
Counseling
Solutions LLC



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Creative
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Julie Ann Boertje
Licensed Marriage & Family Therapist, RN

*Inspiring Choices
that make a difference*

I know what it feels like to be overwhelmed and hopeless, and that is precisely why it is important to me that others do not suffer needlessly. Our first visit will give you a chance to see if you feel at ease with me and if you believe that working together will be helpful to you. The initial consultation is always free.

My primary focus is to help you in the process of improving your most important relationships. We have all been hurt by those we love. That does not make us unlovable, nor does it make those who hurt us monsters. Our goal will be to reveal the patterns, thoughts, beliefs, and behaviors that cause you distress. Working together, we can map out an effective plan to bring joy and peace to your life. This may involve including others, or it may mean focusing only on you.

My favorite job is being a mom. I believe that my personal experience with raising 3 children, enduring the trauma of divorce, experiencing the joy of re-marriage, and facing the challenges inherent in a blended family makes me a more compassionate counselor. I have spent many years working as a nurse, a university instructor, a fitness instructor, and a childbirth educator. The bulk of my previous work life involved helping developmentally disabled adults lead as full a life as possible. It is my passion to bring comfort, clarity and contentment to the lives of others that led me to pursue my masters' degree in counseling.



Julie Ann Boertje
Licensed Marriage & Family Therapist, MS, LMFT