

*I am committed*

to inspiring you to see new choices  
for the issues that trouble you. I believe  
that each of us deserve to enjoy  
ourselves, our lives, & the people in our  
lives. Each person has value. Every  
aspect of our lives can be a blessing.  
Difficult and painful personal situations  
offer a tremendous opportunity for

*growth &  
change.*



*Let me help you*  
find a new way to *look* at  
your life, & *refresh your*  
*perspective.*  
You deserve to find *happiness*  
and get some *fun* out of life.

*Every aspect of our lives can be a blessing.*

Creative  
Counseling  
Solutions LLC



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Creative  
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*Julie Ann Boertje*  
Licensed Marriage & Family Therapist, RN

*Inspiring Choices  
that make a difference*

*I know* what it feels like to be overwhelmed and hopeless, and that is precisely why it is important to me that others do not suffer needlessly. Our first visit will give you a chance to see if you feel at ease with me and if you believe that working together will be helpful to you. The initial consultation is always free.

*My primary focus* is to help you in the process of improving your most important relationships. We have all been hurt by those we love. That does not make us unlovable, nor does it make those who hurt us monsters. Our goal will be to reveal the patterns, thoughts, beliefs, and behaviors that cause you distress. Working together, we can map out an effective plan to bring joy and peace to your life. This may involve including others, or it may mean focusing only on you.

*My favorite job* is being a mom. I believe that my personal experience with raising 3 children, enduring the trauma of divorce, experiencing the joy of re-marriage, and facing the challenges inherent in a blended family makes me a more compassionate counselor. I have spent many years working as a nurse, a university instructor, a fitness instructor, and a childbirth educator. The bulk of my previous work life involved helping developmentally disabled adults lead as full a life as possible. It is my passion to bring comfort, clarity and contentment to the lives of others that led me to pursue my masters' degree in counseling.



*Julie Ann Boertje*  
Licensed Marriage & Family Therapist, MS, LMFT